

# Research Participation Policy

### Scope

This policy applies to Brook RED and it's agents and to anyone conducting research on behalf of Brook RED or wishing to engage Brook RED in their research.

### Purpose

This policy outlines Brook RED's criteria for participating in or promoting participation in research.

### **Principles**

Brook RED appreciates the importance of being involved in research projects in order to help build and expand the evidence-base about peer work, Lived-Experience practice, and community mental health. As a peer-run organisation, Brook RED holds the value of Lived-Experience as paramount in informing all that it does and this extends to our research participation. Lived-Experience perspectives must be part of any design, delivery, or evaluation of services and programs in order that these are of the highest quality possible and that they are appropriate in process and reflect the genuine needs and wants of people who experience mental health concerns. Brook RED supports the work of a growing body of Lived-Experience researchers and is invested in promoting the work of these individuals.

### Policy

Brook RED will only participate in and/or promote research that has significantly engaged people with a Lived-Experience in its design, implementation, and write-up/publication. Brook RED will prioritise participation in research that is lead and designed by Lived-Experience academics and researchers. When commissioning a research project, Brook RED will seek that the researchers it engages are Lived-Experience Researchers.

#### **Definitions of Terms Used**

#### References

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## **Document Control and Record of Changes**

| Version    | Effective Date    | Approved by       | Summary of<br>Change       | Date of Next<br>Review |
|------------|-------------------|-------------------|----------------------------|------------------------|
| Version 01 | February 2018     | Eschleigh Balzamo | Introduction of new policy | January 2019           |
| Version 02 | September<br>2019 | Eschleigh Balzamo | Review and<br>Update       | January 2021           |
| Version 03 | June 2021         | Eschleigh Balzamo | Review and<br>Update       | August 2025            |

## Research Participation Policy

The General Manager has overall responsibility for this policy. If there are any questions regarding this policy, please direct these to the Business Services Manager or General Manager.